

# HART SWIMMING CLUB

*Life in the Fast Lane*

## HART SWIMMING CLUB Promoter's Conditions

### Last Chance Qualifier 2023

Licence Level 3 No. 3SE232051 (Under Swim England Laws & Technical Rules)

Emerald Avenue, Fleet, Hampshire GU51 5EE

**Sunday 3<sup>rd</sup> December 2023**

**Closing date for entries is Friday 24<sup>th</sup> November 2023**

#### **General conditions**

1. This meet is a Level 3 Meet in accordance with the Swim England Open Meet Licensing Guidelines. The meet will be run as "age on the day" for swimmers 9 years and over on 3rd December 2023.
2. The Competition has been licensed at Level 3 by Swim England (Licence No. 3SE232051).
3. The competition will be run under Swim England Laws & Technical Rules. In the interests of time 'over the top' starts will be used at the discretion of the referee.
4. The pool length at Hart Leisure Centre is 25m, 8 lanes with anti-turbulence lane ropes. The pool depth at the shallow end is 1.0m and at the deep end it is 1.8m. Electronic placing and timing will be in operation. All events will start at the deep end of the pool. A secondary strobe light is available for a lane where a deaf swimmer (S15) is starting.
5. There will be 50 metres, 100 metres and 200 metres events in all four strokes, and 400 metre Freestyle and 200 metres/400 metres Individual Medley for both females and open/males. By entering as a female, you are confirming that your gender at birth was female.
6. Swimmers must be registered with Swim England and their registration details to form part of the entry applications. Entries without the relevant information will be rejected.

#### **Entries**

7. Entries will be by Hy-Tek Meet Manager<sup>®</sup> software only and will be accepted on a "**first come first served**" basis. Please note, however, that some events and sessions may become fully subscribed sooner than others. Acceptance into all events applied for cannot therefore be guaranteed. The closing date is **24<sup>th</sup> November 2023**. Late entries may be considered. The promoters reserve the right not to accept entries at their discretion. **Please contact [meetentries@hartsc.org](mailto:meetentries@hartsc.org) for further information.**
8. **Cost per event, including ASA Regional levy, is £9.00 for 50m, 100m and 200m events. The cost for 400m events is £12.00. A £10 fee will be applied for entries not submitted by Hy-Tek Meet Manager<sup>®</sup>.**
9. Coach passes are £15.00 including lunch & refreshments. There is a maximum of one pass per 10 entrants. All passes include entry to the pool; a programme of events for the whole day; start lists at the start of each session; and a full set of results which we will send to you within 3 days (in Hy-Tek<sup>®</sup> Meet Manager Report format). Only swimmers, officials and those displaying an appropriate pass will be allowed on poolside. All holders of Coach passes must be Swim England registered.

# HART SWIMMING CLUB

*Life in the Fast Lane*

10. There will be no refund of entry fees to swimmers who withdraw from events unless the withdrawal is for medical reasons and a doctor's note is supplied.

11. **Ages will be as at Sunday 3rd December 2023.**

12. Entries for this gala will be held on a computer and consent, as required by **GDPR**, to the holding of personal information on computer will be deemed to have been given by submission of entry.

13. Payment for entries and coach passes will be requested after entries close and acceptances have been issued. Payment should be by transfer to our bank account as follows:

Account. Hart Swimming Club  
AC No. 40458309  
Sort Code. 20-16-99  
Ref. Last Chance **Name of Club.**

## Meet programme

14. There will be two sessions each day with approximate timing as follows. Session times will be confirmed after entries have closed.

		Warm-Up	Start	Est. Finish
3rd December 2023	Session 1	11:30	12:00	14:30
	Session 2	15:00	15:30	18:15

15. The programme order is as follows:

Session 1		Session 2	
Saturday 3rd December		Saturday 3rd December	
101	Open/Male 400m Individual Medley	201	Female 400m Freestyle
102	Female 400m Individual Medley	202	Open/Male 400m Freestyle
103	Open/Male 50m Backstroke	203	Female 50m Breaststroke
104	Female 50m Backstroke	204	Open/Male 50m Breaststroke
105	Open/Male 50m Freestyle	205	Female 50m Butterfly
106	Female 50m Freestyle	206	Open/Male 50m Butterfly
107	Open/Male 100m Breaststroke	207	Female 200m Butterfly
108	Female 100m Breaststroke	208	Open/Male 200m Butterfly
109	Open/Male 100m Butterfly	209	Female 200m Backstroke
110	Female 100m Butterfly	210	Open/Male 200m Backstroke
111	Open/Male 200m Freestyle	211	Female 200m Individual Medley
112	Female 200m Freestyle	212	Open/Male 200m Individual Medley
113	Open/Male 200m Breaststroke	213	Female 100m Freestyle
114	Female 200m Breaststroke	214	Open/Male 100m Freestyle
		215	Female 100m Backstroke
		115	Open/Male 100m Backstroke

16. It is the responsibility of individual club coaches to supervise their own swimmers during the warm-up proceeding each session.

# HART SWIMMING CLUB

*Life in the Fast Lane*

17. All swimmers will compete together, seeded according to entry time. Results will be on a heat declared basis. There will be no finals. All heats of each event will be spearheaded. Medals will be presented for the top 3 places (open/males and females) in each event/individual age group 9, 10, 11, 12, 13, 14, 15, 16+

18. All entry times must be **no faster** than the Upper Limit times for the Meet (as shown in Appendix 1). The Upper Limit times apply at the time entries are submitted. There is no requirement to withdraw a swimmer if he or she subsequently goes faster than the Upper Limit time.

For 400 metre events entry times must also be equal to or faster than the Lower Limit times for the Meet (as shown in Appendix 1). There will be a restriction on the number of heats for all 400 metre events.

Any time trials are at the discretion of the promoter.

19. We will be operating a 'Sign-Out' system. Coaches/Team Managers **must** lodge any withdrawals before the start of the warm-up in each session.

20. Competitors for the first event in each session must report to the marshalling area immediately after each warm-up. For other events, competitors should report when called.

**It is the swimmers and their coaches' responsibility that they report to the marshalls on time.**

**There will be NO announcements calling late swimmers.**

21. Personal possessions and articles should not be left unattended. Lockers are available for the use of swimmers at a cost of £1.00, redeemable at the locker.

22. Results will be posted at the meet. All times recorded will be sent to the Swim England Rankings Department within 5 working days of the completion of the competition.

## **Registration and Poolside access**

23. A spectator entry fee of **£7 for each session** will be charged, or **£12 for each complete day** (children 16 or under free).

24. The meet programme will be **made available electronically**

Hart Leisure Centre has seating for over 250 spectators. There is parking at Hart Leisure Centre but any person parking for more than three hours must register their vehicle on the touch pad screens at reception (free of charge) to avoid parking tickets (£100).

25. There are café facilities at Hart Leisure Centre. **Food is not permitted poolside.** Drinks are allowed poolside though **no cans, glass bottles or hot drinks are permitted on poolside.**

26. The promoter, in conjunction with the Leisure Centre Operator, reserves the right to refuse admission to any person.

27. Any situation not covered by the above conditions will be handled at the discretion of the promoter, who also reserves the right to make changes to the programme of events that may be considered necessary for the smooth running of the competition.

# HART SWIMMING CLUB

*Life in the Fast Lane*

## Appendix 1

### Qualifying Times

	Upper Limit Times for Open/Males (short course)							
	9	10	11	12	13	14	15	16+
50m Freestyle	33.15	30.50	28.90	29.20	26.20	25.40	23.90	23.00
50m Breaststroke	43.90	41.00	38.30	36.10	33.50	33.30	30.20	30.00
50m Backstroke	38.60	35.40	33.70	31.90	30.50	29.50	27.90	27.20
50m Butterfly	37.50	34.30	32.20	30.50	28.30	28.00	26.00	25.80
100m Freestyle	1:12.00	1:07.20	1:03.40	59.50	57.20	55.30	52.20	51.85
100m Breaststroke	1:38.20	1:30.20	1:23.90	1:18.80	1:13.60	1:12.30	1:07.10	1:06.30
100m Backstroke	1:24.00	1:16.50	1:12.40	1:08.50	1:05.50	1:02.70	59.30	57.80
100m Butterfly	1:26.00	1:20.30	1:14.20	1:08.80	1:03.70	1:02.20	57.30	57.00
100m Individual Medley	1:25.00	1:22.45	1:15.65	1:11.40	1:07.15	1:05.45	1:02.05	59.50
200m Freestyle	2:33.00	2:24.50	2:17.60	2:10.10	2:05.20	2:02.90	1:54.70	1:50.50
200m Breaststroke	3:24.80	3:12.80	3:01.70	2:51.80	2:41.40	2:38.00	2:27.60	2:27.00
200m Backstroke	2:56.30	2:41.00	2:34.10	2:28.50	2:21.90	2:16.60	2:10.00	2:07.50
200m Butterfly	3:06.60	3:01.70	2:50.60	2:39.00	2:25.30	2:23.50	2:13.20	2:11.75
200m Individual Medley	3:00.80	2:46.80	2:38.10	2:30.50	2:23.10	2:21.10	2:11.30	2:11.00

	Lower Limit Times for Open/Males (short course)							
400m Freestyle	6:40.00	6:40.00	6:18.00	6:00.00	5:49.00	5:25.00	5:10.00	4:56.00
400m Individual Medley	7:10.00	7:10.00	7:00.00	6:50.00	6:05.00	5:57.00	5:39.00	5:31.00

All entry times should be submitted as short course (or long course converted) times.

All entry times must be no faster than the stated Upper Limit time.

# HART SWIMMING CLUB

*Life in the Fast Lane*

	Upper Limit Times for Females (short course)							
	9	10	11	12	13	14	15	16+
50m Freestyle	33.90	30.70	29.60	28.90	28.30	28.10	27.20	26.00
50m Breaststroke	44.20	40.60	38.20	37.30	36.60	36.50	34.80	33.15
50m Backstroke	38.70	35.60	34.00	33.10	32.70	31.90	30.60	29.60
50m Butterfly	37.55	34.00	32.40	31.90	30.80	30.50	29.30	28.20
100m Freestyle	1:13.00	1:08.20	1:04.20	1:03.30	1:01.40	1:00.10	58.50	57.80
100m Breaststroke	1:33.50	1:29.70	1:23.30	1:22.30	1:19.00	1:18.90	1:15.60	1:13.90
100m Backstroke	1:22.40	1:16.50	1:13.40	1:11.10	1:08.40	1:07.90	1:05.70	1:04.60
100m Butterfly	1:24.10	1:18.70	1:12.60	1:12.40	1:09.00	1:07.40	1:05.50	1:04.10
100m Individual Medley	1:23.60	1:20.75	1:14.80	1:11.40	1:08.00	1:06.30	1:04.60	1:02.90
200m Freestyle	2:38.60	2:27.20	2:19.30	2:16.70	2:12.00	2:11.80	2:06.00	2:05.80
200m Breaststroke	3:25.00	3:10.50	2:58.50	2:56.60	2:51.10	2:50.00	2:44.60	2:39.50
200m Backstroke	2:58.20	2:43.30	2:35.50	2:31.40	2:28.00	2:25.90	2:24.30	2:19.40
200m Butterfly	3:09.00	3:00.30	2:46.00	2:43.10	2:34.70	2:33.20	2:29.40	2:26.20
200m Individual Medley	3:01.00	2:47.80	2:39.20	2:35.60	2:29.60	2:29.40	2:25.00	2:22.00

	Lower Limit Times for Females (short course)							
400m Freestyle	6:40.00	6:40.00	6:18.00	6:00.00	5:49.00	5:21.00	5:07.00	4:59.00
400m Individual Medley	7:10.00	7:10.00	7:00.00	6:50.00	6:17.00	6:02.00	5:53.00	5:40.00

All entry times should be submitted as short course (or long course converted) times.

All entry times must be no faster than the stated Upper Limit time.