

# Summer Sprint L3 Open Meet 2025

Sunday 15<sup>th</sup> June 2025

**Entries open on Friday 25<sup>th</sup> April 2025 at 7.00pm**

**Closing date for entries is Friday 23<sup>rd</sup> May 2025**

## General conditions

1. This meet is a Level 3 Meet in accordance with the Swim England Meet Licensing Guidelines
2. The meet has been licensed at Level 3 by Swim England (Licence No. TBC).
3. The competition will be run under Swim England Laws & Technical Rules. In the interests of time 'over the top' starts will be used at the discretion of the referee.
4. The event conditions may be revised in response to guidelines from the Operator, Government and Public Health England sporting competitions.
5. Any situation not covered by these conditions will be handled at the discretion of the promoter, who also reserves the right to make changes to the programme of events that may be considered necessary for the smooth running of the meet.
6. Swim England Transgender and Non-Binary Competition Policy Swim England has updated its Transgender and Non-Binary Competition Policy, and this becomes effective on 1 September 2023. All Swim England affiliated bodies are required to implement this policy. Under the policy competitions where the results will be submitted to Rankings (as is the case for this meet) must be held with the following categories: Female – Swimmers with a birth sex of female and categorised as female in the Swim England on-line membership system. and Open/Male – Swimmers with a birth sex of male, Trans or non-binary swimmers and any swimmers not eligible for the female category. For the avoidance of doubt, swimmers eligible for the new Female category may not enter the Open/Male category.

## Facilities

1. The pool length at Hart Leisure Centre is 25m consisting of 8 lanes with anti-turbulence lane ropes.
2. The pool depth at the shallow end is 1.0m and at the deep end it is 1.8m. All events will start at the deep end of the pool.
3. Electronic placing and timing will be in operation. If, for any reason, electronic time equipment is not available then manual times may be used instead.
4. A secondary strobe light is available, please request when entering.
5. Personal possessions and articles should not be left unattended. Lockers are available for the use of swimmers at a cost of £1.00, redeemable at the locker. Only small 'drawstring' bags will be allowed poolside.
6. There are café facilities at Hart Leisure Centre. Food is not permitted poolside. Drinks are allowed poolside though no cans, glass bottles or hot drinks are permitted on poolside.
7. The promoter, in conjunction with the Leisure Centre Operator, reserves the right to refuse admission to any person.

## Spectators

1. Hart Leisure Centre has seating for over 250 spectators. There is parking at Hart Leisure Centre but any person parking for more than three hours must register their vehicle on the touch pad screens at reception (free of charge) to avoid parking tickets (£100).
2. A spectator entry fee of £7 for each session will be charged, or £12 for each complete day (children 16 or under free).

## Eligibility

1. All swimmers must be current Swim England "Club Compete" members at the time they enter. You can check a membership record at <http://www.swimming.org/swimengland/club-member-check/>. A swimmer may only swim for one club at the meet and must be a registered member of that club.
2. Long course times will be converted to short course times.
3. Upper qualifying times will apply for the 50m & 100m events.
4. The meet will be run as "age on the day" for swimmers 9 years and over on 15<sup>th</sup> June 2025.

## Entries

1. Entries for this meet will be held on a computer and consent, as required by **GDPR**, to the holding of personal information on computer will be deemed to have been given by submission of entry.
2. Cost per event, is £9.00 for 50m and 100m events.
3. Administration Fee: Individual entries will be subject to a £10.00 administration fee.
4. No entry fee will be charged should an entry be rejected.
5. Club Entries will be by Hy-Tek Meet Manager<sup>®</sup> software only and will be accepted on a "**first come first served**" basis. Please note, however, that some events and sessions may become fully subscribed sooner than others. Acceptance into all events applied for cannot therefore be guaranteed.
6. Individual Entry Forms are accepted, and forms are available from [www.hartsc.org/openmeets](http://www.hartsc.org/openmeets)
7. Late entries may be accepted at the discretion of the Promoter. The promoters reserve the right not to accept entries.
8. Payment for entries and coach passes will be requested after entries accepted. Payment should be by transfer to our bank account as follows:

Account.	Hart Swimming Club
AC No.	40458309
Sort Code.	20-16-99
Ref.	<b>SPRINT + Name of Club.</b>
9. There will be no refund of entry fees to swimmers who withdraw from events unless the withdrawal is for medical reasons. The promoter may request further evidence or proof as it deems necessary,
10. Any entry times that cannot be validated against rankings may result in the entry being rejected with no refund of fee.
11. All qualifying times post 1st January 2023 will be accepted.
12. If you have no time for an event use NT as the entry time.
13. The swimmer is responsible for checking the entries and reporting errors to [meetentries@hartsc.org](mailto:meetentries@hartsc.org)
14. Swim England Rankings may reject Meet results containing errors. Errors are often caused by inaccurate names and dates of birth. To avoid the risk of rankings rejecting the results, entries may be validated against Swim England Membership records. Where entries cannot be validated Hart SC may attempt to correct any errors. If it is not possible to correct errors, then entries may be rejected. Hart SC cannot be held responsible for errors in submitted entries which result in rejections by Hart SC or where Swim England Rankings reject the results for that entry. Where an entry cannot be validated against Swim England membership date either before or after the meet, then the entry will be rejected and any results for that swimmer deleted, no refund will be given.
15. Where Upper Limit Qualifying Times apply, these will be provided in Appendix 1. Swimmers must not enter an individual event if their time is faster than the upper limit stated. All times submitted should be short course (25m). Long course times can be converted using Swim England Performance Tables if needed.
16. Age Groups: 9 Years, 10 Years, 11 Years, 12 Years, 13 Years, 14 Years, 15 Years, 16 Years & Over
17. The promoters reserve the right to exclude any swimmer from an event (without refund of the entry fee) if it is found they have a faster time on the Swim England Rankings that is outside the upper limit qualifying time for that event.
18. Any time trials are at the discretion of the promoter.

## Medals/Trophies

1. All swimmers will compete together, seeded according to entry time. Results will be on a heat declared basis. Medals will be presented for the top 3 places (Male/Open and Female) in each event/individual age group 9, 10, 11, 12, 13, 14, 15, 16+

## Meet Operations

1. There will be separate events for Open/Male and Female swimmers, however depending on entries, a mixed warm up may be used.
2. Swims will be seeded by submitted entry time, slowest first. Swimmers with no submitted entry time will swim first, youngest first.
3. We will be operating a 'Sign-Out' system. Coaches/Team Managers must lodge any withdrawals before the start of the warm-up in each session.
4. For all heat events we may operate 'Over the Top' starts for Freestyle, Breaststroke, Butterfly, and Individual Medley events. Swimmers from previous heat must remain in the water by holding onto the lane ropes by the start end wall until after the next heat has started. Swimmers must then exit the water by the steps as quickly as possible. This does not apply to Backstroke events.
5. Swimmers for the first event in each session must report to the marshalling area immediately after each warm-up. For other events, swimmers should report to the marshalling area at least one event before their own event.
6. It is the swimmers and their coaches' responsibility that they report to the Marshalls on time. There will be NO announcements calling late swimmers.
7. Entries should be accompanied by a qualified Team Manager and/or Coach in line with the Swim England Team Manager, Coach and Chaperone policy (SE1048) effective 1st September 2023. If you are unable to meet this requirement you may request supervision from Hart Swimming Club. Hart Swimming Club reserves the right to reject entries after the closing date if we are unable to meet the required supervision ratios on top of our own club swimmers. If you are entering independently, please indicate whether Hart Swimming Club supervision is required on the entry form.

## Poolside Access

1. Only swimmers, officials and Volunteers displaying an appropriate pass will be allowed on poolside. All holders of Coach/TM passes must be Swim England registered.
2. Coach/TM passes are £15.00 per day including lunch & refreshments. All passes include entry to the pool; a programme of events for the whole day; start lists at the start of each session; and a full set of results which we will send to you within 3 days (in Hy-Tek® Meet Manager Report format).

## Officials

1. Hart SC strive to provide a professionally run open meet and rely on the valuable contribution of officials who volunteer their time to support us. All clubs submitting entries are strongly encouraged to assist in the running of the meet by providing the details of any licensed officials who are willing to assist at this meet. Officials are asked to sign up at <https://www.swim-meet.com/OfficialsSignup/Hart/> (selecting the relevant meet as required).
2. Drinks will be available for all officials and food will be provided for those working consecutive sessions.

## Volunteers

1. Hart SC strive to provide a professionally run open meet and rely on the valuable contribution of Volunteers who give up their time to support us. Meets such as this are only possible if we get enough volunteers to help out. If you would like to find out how you could help please email [volunteers@hartsc.org](mailto:volunteers@hartsc.org) or sign up via <https://www.swim-meet.com/VolunteersSignup/Hart/> to help during a session on the day.
2. Drinks will be available for all volunteers and food will be provided for those working consecutive sessions.

## Meet Results

1. Results will be posted at the meet in an appropriate location as soon as they are available and will be published on Meet Mobile.
2. All times recorded will be sent to the Swim England within 5 working days of the completion of the meet.

## Meet Schedule

1. There will be two sessions with approximate timing as follows. Session times will be confirmed after entries have closed.

		Warm-Up	Start	Est. Finish
<b>15th June 2025</b>	<b>Session 1</b>	13:15	14:00	16:30
	<b>Session 2</b>	17:00	17:30	20:00

2. There will be skins races for three separate age categories at the end of session 2; Age 12 & Under, Age 13/14, and Age 15 & Over. The fastest aggregate time of 4 Open/Males and 4 Females for each age category will qualify for the skins race, with the aggregate time being taken from the four 50m events together with the 100m Freestyle. Any places not taken up by the qualifying swimmer will be filled by the next fastest Open/Male or Female swimmer in that age category, as appropriate.
3. The programme order is as follows:

<b>Session 1</b>	
<b>Sunday 15th June 2025</b>	
101	Female 100m Individual Medley
102	Open/Male 100m Individual Medley
103	Female 50m Breaststroke
104	Open/Male 100m Butterfly
105	Female 100m Freestyle
106	Open/Male 50m Freestyle
107	Female 50m Butterfly
108	Open/Male 100m Breaststroke
109	Female 100m Backstroke
110	Open/Male 50m Backstroke

<b>Session 2</b>	
<b>Sunday 15th June 2025</b>	
201	Open/Male 50m Breaststroke
202	Females 100m Butterfly
203	Open/Male 100m Freestyle
204	Female 50m Freestyle
205	Open/Male 50m Butterfly
206	Female 50m Backstroke
207	Open/Male 100m Backstroke
208	Females 100m Breaststroke
209	Mixed 12 & Under Skins
210	Mixed 13/14 Skins
211	Mixed 15 & Over Skins

It is the responsibility of individual club coaches to supervise their own swimmers during the warm-up preceding each session.

## Health and Safety

1. This meet will be held in accordance with any guidance issued by the Government, Swim England, Hart SC or the Hart Leisure Centre may issue additional guidance prior to the meet. Any guidance issued will take precedence over these conditions.
2. All swimmers and volunteers must comply with any guidance issued.
3. Any swimmer or volunteer who, in the opinion of the Referee, is not following the published guidance may be asked to leave the session. Participation in any future session will only be permitted at the

discretion of the promoter. Any fees paid will not be refunded.

4. Swimmers must not get out of the pool (after their race) until authorised to do so.
5. Emergency exits must be kept clear at all times.
6. Swimmers must only bring a small pool bag in with them everything else must go in lockers (£1 returnable)
7. Swimmers are requested to keep all belongings in their small pool bag and not to leave their belongings unattended.
8. Swimmers are requested to remain in their allocated area unless being marshalled to a race or leaving poolside.
9. In each case, the referee, the promoter, and the pool management have complete discretion to make any decisions over health and safety matters which may arise on the day.

## Photography

1. Anyone who wishes to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way.
2. Only coaches and team managers may take photos or film races on poolside, and these must comply with Swim England guidance and the focus of the filming should be of their swimmers only. Any swimmer or coach found to be breaking these rules will be asked to leave the building and will take no further part in the Meet. The club also reserves the right to take further action against anybody breaking this rule.
3. The safety of children and young people for this event is of paramount importance. If you have any child safeguarding concerns at the event, please contact the Meet Promoter
4. All swimmers, coaches and volunteers are required to comply with Swim England's 'Wavepower' guidance. Photography and the use of mobile phones is banned in the changing areas. Any person not meeting this requirement may be excluded from the meet with no refund of fee.

## Additional Conditions

1. The organisers and the pool management reserve the right to remove any swimmer or spectator from the pool area whose behaviour is either against the pool rules or the efficient running of the gala. Anyone found causing damage or seriously misbehaving, will be banned from the Meet and refused entry to the building.
2. Any dispute related to a matter not covered in these conditions shall be determined by the Promoter.
3. Hart SC or the Leisure Centre cannot accept responsibility for any personal possessions and articles left unattended.

## Privacy Notice

1. Hart SC will act as data controller for all information collected as part of this meet. This will include entrant details and results. This information may be provided by you directly or collected on the day of the event.
2. The lawful reason we hold this data is known as "legitimate interest". This is because we, and the wider swimming community, have an interest in ensuring the meet is held in an open and transparent way.
3. Details of the results may be published on swimmeets.org. We will also transfer the results of the meet to Swim England for inclusion on rankings. If you do not wish your details to be published on the website and passed to rankings you must inform us in advance; you should be aware that results will not be confirmed by any other method. Your details will not be shared with any other parties and will not be transferred outside of the UK.
4. We will retain details of the entries for a minimum of 6 months and for no more than 18 months. Details of the results will be retained as part of club records.
5. You may request details of the information we retain. You have the right to register complaints with the Information Commissioner's Officer.

## Entries Coordinator & Meet Promoter

1. For all information regarding this meet, including queries and submission of electronic entries, individual Entry Forms, payments and application for poolside passes please contact [meetentries@hartsc.org](mailto:meetentries@hartsc.org)
2. The decision of the referee on all aspects of the Meet is final. Matters other than those under the control of the referee, not covered by these conditions, shall be decided upon and resolved by the promoters.
3. By submitting an entry, participants have deemed to agree to such condition.

## Appendix 1

1. All entry times must be **no faster** than the Upper Limit times for the Meet (as shown below). The Upper Limit times apply at the time entries are submitted. There is no requirement to withdraw a swimmer if he or she subsequently goes faster than the Upper Limit time.
2. All entry times should be submitted as short course (or long course converted) times.

### Qualifying Times - Females

	Upper Limit Times for Females (short course)							
	9	10	11	12	13	14	15	16+
50m Freestyle	33.90	30.70	29.60	28.90	28.30	28.10	27.20	26.00
50m Breaststroke	44.20	40.60	38.20	37.30	36.60	36.50	34.80	33.15
50m Backstroke	38.70	35.60	34.00	33.10	32.70	31.90	30.60	29.60
50m Butterfly	37.55	34.00	32.40	31.90	30.80	30.50	29.30	28.20
100m Freestyle	1:13.00	1:08.20	1:04.20	1:03.30	1:01.40	1:00.10	58.50	57.80
100m Breaststroke	1:33.50	1:29.70	1:23.30	1:22.30	1:19.00	1:18.90	1:15.60	1:13.90
100m Backstroke	1:22.40	1:16.50	1:13.40	1:11.10	1:08.40	1:07.90	1:05.70	1:04.60
100m Butterfly	1:24.10	1:18.70	1:12.60	1:12.40	1:09.00	1:07.40	1:05.50	1:04.10
100m Individual Medley	1:23.60	1:20.75	1:14.80	1:11.40	1:08.00	1:06.30	1:04.60	1:02.90

### Qualifying Times – Open/Males

	Upper Limit Times for Open/Male (short course)							
	9	10	11	12	13	14	15	16+
50m Freestyle	33.15	30.50	28.90	29.20	26.20	25.40	23.90	23.00
50m Breaststroke	43.90	41.00	38.30	36.10	33.50	33.30	30.20	30.00
50m Backstroke	38.60	35.40	33.70	31.90	30.50	29.50	27.90	27.20
50m Butterfly	37.50	34.30	32.20	30.50	28.30	28.00	26.00	25.80
100m Freestyle	1:12.00	1:07.20	1:03.40	59.50	57.20	55.30	52.20	51.85
100m Breaststroke	1:38.20	1:30.20	1:23.90	1:18.80	1:13.60	1:12.30	1:07.10	1:06.30
100m Backstroke	1:24.00	1:16.50	1:12.40	1:08.50	1:05.50	1:02.70	59.30	57.80
100m Butterfly	1:26.00	1:20.30	1:14.20	1:08.80	1:03.70	1:02.20	57.30	57.00
100m Individual Medley	1:25.00	1:22.45	1:15.65	1:11.40	1:07.15	1:05.45	1:02.05	59.50