

SHORT COURSE MASTERS COMPETITION



(Under ASA Laws and ASA Technical Rules of Masters Swimming)

Saturday 2nd October 2021

K2 Crawley, Pease Pottage Hill, Crawley, West Sussex, RH11 9BQ

Pool: 25m x 8 lanes with electronic timing

Session 1				Session 2			
*Warm up 9:00am for 10:00am start				*Warm up 1:00pm for 2:00pm start			
1	Mixed	400m	Freestyle	14	Men	100m	Butterfly
2	Men	50m	Backstroke	15	Women	100m	Butterfly
3	Women	50m	Backstroke	16	Men	50m	Breaststroke
4	Men	100m	Breaststroke	17	Women	50m	Breaststroke
5	Women	100m	Breaststroke	18	Men	100m	Freestyle
6	Mixed	200m	Butterfly	19	Women	100m	Freestyle
7	Men	50m	Freestyle	20	Mixed	200m	Ind. Medley
8	Women	50m	Freestyle	21	Men	50m	Butterfly
9	Men	100m	Ind. Medley	22	Women	50m	Butterfly
10	Women	100m	Ind. Medley	23	Mixed	200m	Breaststroke
11	Mixed	200m	Backstroke	24	Men	100m	Backstroke
12	Men	4x50m	Freestyle Team	25	Women	100m	Backstroke
13	Women	4x50m	Freestyle Team	26	Mixed	200m	Freestyle
				27	Men	4x50m	Medley Team
				28	Women	4x50m	Medley Team
Approximately 60 min break				Estimated finish 5:00 pm			

*Men will warm up first and then the women. Session 2 start time may be changed after all entries are in.

COVID 19 AVOIDANCE MEASURES

Although most COVID19 restrictions have been removed it is recognised that some swimmers may feel reluctant to engage in competition at this time. The organisers understand this and have taken measures to minimise the risk of swimmers contracting the virus. Such measures include:

- limiting the numbers of entries to avoid overcrowding
- using a 50m pool for this short course competition so that there is ample poolside space for all
- providing continuous warm-up facilities during the competition to avoid congestion in the water
- sending the heat sheets to every competitor by email before the event to avoid signing in and crowding round heat sheets posted at the pool
- results will only be available on-line and updated after each event has been completed.

Whilst the organisers will make every effort to provide a safe environment it is ultimately every individual's responsibility to protect both themselves and those around them from infection. By submitting an entry all those participating in this event confirm that they have had two COVID vaccinations, or, will only attend if they have a negative result from a COVID lateral flow test conducted not more than 48 hours prior to the event.

There will be no spectators, the spectator seating will be closed. However, we would welcome additional help for say, timekeeping or marshalling, from partners or friends of competitors. Please contact Glen Isaacs with offers.

CONDITIONS

1 PROMOTER

The promoter of this event is [Glen Isaacs](#) on behalf of the South East Region Masters Group, hereinafter called "The Promoter".

2 ELIGIBILITY

Open to all swimmers who are members of organisations affiliated to FINA. British swimmers must be registered **at the time of entry** as competitors with their governing body for the club they represent.

Swim England registered Masters must be Category 2 and should check their registration status at <http://www.swimmingresults.org/customerservices/membershipcheck/index.php>

3 EVENTS

Individual events: 50m, 100m, 200m backstroke, breaststroke, butterfly, freestyle, 100m & 200m individual medley and 400m freestyle. Relay events: men's and women's 4x50m freestyle and 4x50m medley. Seniors can compete in all relay age groups. Swimmers may compete only once in each relay team event.

4 AGE GROUPS

18 to 24 years old and from 25 years old in 5 year age bands. Relays: total team age 72+, 160+, 240+ - see condition 5 for minimum ages.

5 AGES

Ages are as at 31st December 2021 for individual and team events. All competitors must be 18 years of age or older on 2nd October 2021.

6 SEEDING

Events will be seeded in time classification of entry time, irrespective of age, from slowest to fastest. Swimmers with the slowest entry time will swim first. Where an entry time is not known an estimate should be used. The final heat will be spearhead seeded.

7 HEAT DECLARED WINNERS

Results will be decided on heat times, there will be no finals.

8 AWARDS

Medals will be awarded to individuals and relay teams placed 1st, 2nd & 3rd in each age group.

9 ENTRIES

Click the link below for the **Entry Forms**.

<https://bsbasa.org/meet/SERSC21>

Click the link below to see the **List of Entries** to date.

<https://bsbasa.org/entries/SERSC21>

The meet will be open to members of Swim South East clubs and those from London Surrey and London Kent from 1st August and for all other ASA affiliated members from 1st September.

10 ENTRY FEES

The entry fees are: individual events 50m & 100m £6.00, 200m £7.50, 400m £12.00, team events £12.00. An administration charge of £1.50 will be added for each individual competitor. An administration charge of £1.00 will be added for each team entry form submitted. Entry fees are not refundable after the closing dates. All payments will be collected on-line using PayPal via a credit or debit card or through a PayPal account. It is not necessary to have a PayPal account to pay, credit/debit cards will be accepted.

11 CLOSING DATE FOR INDIVIDUAL ENTRIES

Entries close midday [Monday 20th September 2021](#) or sooner if meet is full before then.

12 CLOSING DATE FOR RELAY ENTRIES

Relay entries will be accepted up to midday on Thursday [23rd September 2021](#). Relay entries are through the on-line entry facility only. Relay entries will NOT be accepted on the day.

13 WITHDRAWALS

It will be assumed that all swimmers entered will swim unless they withdraw before 12 noon on [Wednesday 20th September](#) by email to geoff@masterswim.uk. Heat sheets will be sent to each entrant on or before [Friday 1st October](#). Swimmers should then print off their heat pages and bring them to the meet.

Team declaration sheets will not be required for this meet and it is the responsibility of each team manager, or of those submitting the team entry if different, to ensure that all team members are Category 2 registered members of the club they are representing.

14 CONFIRMATION OF ENTRIES

This will be by Entry Lists posted on the entry web site as entries are submitted, see para. 9.

15 START LISTS

These will be put on the SSE web site soon after the entries close. There will be no printed programme.

16 LIMIT OF LIABILITY

In the event of the meet being cancelled for whatever reason all event entry fees will be refunded. The promoter accepts no responsibility for any consequential costs.

17 DISPUTES

Any matters not provided for in these conditions shall be decided by the Promoter.

NOTES

- 1 Swimmers should note that the K2 pool in 25m configuration is not certificated and so British, European and World records cannot be set at this meet. The results will be submitted to ASA rankings and the meet best performances will be updated.
- 2 Please comply with the warm up arrangements. There will be no diving during the warm-up.
- 3 For directions to the venue search on Google for K2 Crawley. Parking is free.
- 4 Enquiries to Glen Issacs: Email: mastersmanager@southeastswimming.org Tel. 0771 8916014.

PERSONAL DECLARATION

I confirm that I have had two COVID vaccinations, or, will only attend if I have a negative result from a COVID lateral flow test conducted not more than 48 hours prior to the event. I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events and any other associated activities. Accordingly by submitting my on-line entry I certify that I am physically fit to participate in this event.

This is an appeal to both competitors and/or their partners to offer to be a timekeeper for one or both sessions. Full instructions will be given and stop watches and clipboards provided. If we don't get enough officials and timekeepers then the event will be cancelled. Please let Glen know if you can help via the above email address. Thank you.