

Individual Meet Results

Hart SC Distance Time Trial 15-Nov-18 SC Meters

Location: Hart Leisure Centre

Time F/P/S		Event					Place	Improvement
10:23.34S	T # 1	Mixed 800 Free				HARS	3	-37.46 CR
	33.10	1:11.97	1:50.96	2:30.83	3:10.39	3:49.64	4:29.95	5:10.76
	(33.10)	(38.87)	(38.99)	(39.87)	(39.56)	(39.25)	(40.31)	(40.81)
	5:50.30	6:30.63	7:10.04	7:50.51	8:29.56	9:08.63	9:46.73	10:23.34
	(39.54)	(40.33)	(39.41)	(40.47)	(39.05)	(39.07)	(38.10)	(36.61)
12:18.74S	T # 1	Mixed 800 Free				HARS	17	---
	42.40	1:28.81	2:16.52	3:04.78	3:51.47	4:39.40	5:26.82	6:14.10
	(42.40)	(46.41)	(47.71)	(48.26)	(46.69)	(47.93)	(47.42)	(47.28)
	7:00.57	7:47.12	8:33.24	9:19.51	10:05.52	10:52.11	11:37.77	12:18.74
	(46.47)	(46.55)	(46.12)	(46.27)	(46.01)	(46.59)	(45.66)	(40.97)
21:58.58S	T # 2	Mixed 1500 Free				HARS	9	---
	35.63	1:16.13	1:57.49	2:40.27	3:23.59	4:06.26	4:49.48	5:33.00
	(35.63)	(40.50)	(41.36)	(42.78)	(43.32)	(42.67)	(43.22)	(43.52)
	6:17.30	7:01.60	7:46.47	8:31.91	9:13.73	9:57.75	10:42.99	11:27.12
	(44.30)	(44.30)	(44.87)	(45.44)	(41.82)	(44.02)	(45.24)	(44.13)
	12:11.87	12:56.50	13:41.69	14:27.69	15:12.56	15:58.00	16:44.87	17:29.86
	(44.75)	(44.63)	(45.19)	(46.00)	(44.87)	(45.44)	(46.87)	(44.99)
	18:13.90	18:58.56	19:43.60	20:27.69	21:14.10	21:58.58		
	(44.04)	(44.66)	(45.04)	(44.09)	(46.41)	(44.48)		
12:55.66S	T # 1	Mixed 800 Free				HARS	22	---
	43.00	1:30.90	2:21.15	3:09.23	3:59.38	4:49.49	5:37.92	6:28.05
	(43.00)	(47.90)	(50.25)	(48.08)	(50.15)	(50.11)	(48.43)	(50.13)
	7:15.39	8:05.72	8:55.60	9:44.19	10:33.71	11:23.67	12:11.17	12:55.66
	(47.34)	(50.33)	(49.88)	(48.59)	(49.52)	(49.96)	(47.50)	(44.49)
14:11.81S	T # 1	Mixed 800 Free				HARS	25	---
	47.77	1:40.22	2:33.42	3:26.26	4:19.91	5:13.47	6:08.36	7:02.24
	(47.77)	(52.45)	(53.20)	(52.84)	(53.65)	(53.56)	(54.89)	(53.88)
	7:56.57	8:52.17	9:46.82	10:40.01	11:34.82	12:29.96	13:23.45	14:11.81
	(54.33)	(55.60)	(54.65)	(53.19)	(54.81)	(55.14)	(53.49)	(48.36)
11:52.84S	T # 1	Mixed 800 Free				HARS	14	-43.37
	38.17	1:22.37	2:07.41	2:54.20	3:40.24	4:26.37	5:11.51	5:57.23
	(38.17)	(44.20)	(45.04)	(46.79)	(46.04)	(46.13)	(45.14)	(45.72)
	6:42.70	7:28.26	8:12.91	8:58.35	9:44.42	10:28.85	11:12.28	11:52.84
	(45.47)	(45.56)	(44.65)	(45.44)	(46.07)	(44.43)	(43.43)	(40.56)
12:09.75S	T # 1	Mixed 800 Free				HARS	16	---
	39.51	1:23.78	2:10.55	2:56.51	3:42.98	4:28.56	5:15.87	6:01.65
	(39.51)	(44.27)	(46.77)	(45.96)	(46.47)	(45.58)	(47.31)	(45.78)
	6:48.55	7:35.45	8:21.43	9:08.82	9:55.96	10:42.09	11:28.14	12:09.75
	(46.90)	(46.90)	(45.98)	(47.39)	(47.14)	(46.13)	(46.05)	(41.61)
21:11.39S	T # 2	Mixed 1500 Free				HARS	7	-129.78

36.01	1:17.03	1:58.51	2:40.40	3:22.23	4:04.51	4:46.56	5:29.02
(36.01)	(41.02)	(41.48)	(41.89)	(41.83)	(42.28)	(42.05)	(42.46)
6:11.46	6:54.04	7:37.29	8:20.06	9:01.88	9:45.51	10:28.21	11:11.50
(42.44)	(42.58)	(43.25)	(42.77)	(41.82)	(43.63)	(42.70)	(43.29)
11:55.19	12:38.56	13:22.35	14:07.01	14:48.85	15:32.11	16:15.00	16:59.96
(43.69)	(43.37)	(43.79)	(44.66)	(41.84)	(43.26)	(42.89)	(44.96)
17:44.09	18:28.65	19:11.23	19:48.79	20:32.91	21:11.39		
(44.13)	(44.56)	(42.58)	(37.56)	(44.12)	(38.48)		

Sophia Foreman (12) W

12:30.60S	T # 1	Mixed 800 Free			HARS		18	---
40.59	1:26.76	2:14.46	3:01.51	3:49.85	4:37.69	5:25.25	6:13.54	
(40.59)	(46.17)	(47.70)	(47.05)	(48.34)	(47.84)	(47.56)	(48.29)	
7:00.37	7:48.82	8:38.00	9:26.31	10:13.50	11:01.54	11:48.13	12:30.60	
(46.83)	(48.45)	(49.18)	(48.31)	(47.19)	(48.04)	(46.59)	(42.47)	

Callum Frith (13) M

10:44.11S	T # 1	Mixed 800 Free			HARS		5	---
32.34	1:09.69	1:48.34	2:28.66	3:09.18	3:51.18	4:33.29	5:14.85	
(32.34)	(37.35)	(38.65)	(40.32)	(40.52)	(42.00)	(42.11)	(41.56)	
5:56.82	6:38.27	7:20.13	8:02.85	8:43.62	9:25.24	10:05.52	10:44.11	
(41.97)	(41.45)	(41.86)	(42.72)	(40.77)	(41.62)	(40.28)	(38.59)	

Emma Jones (13) W

10:32.74S	T # 1	Mixed 800 Free			HARS		4	-15.56
36.06	1:16.11	1:56.79	2:37.42	3:16.92	3:57.07	4:36.77	5:16.41	
(36.06)	(40.05)	(40.68)	(40.63)	(39.50)	(40.15)	(39.70)	(39.64)	
5:55.85	6:35.97	7:15.85	7:56.02	8:36.09	9:15.82	9:55.25	10:32.74	
(39.44)	(40.12)	(39.88)	(40.17)	(40.07)	(39.73)	(39.43)	(37.49)	

Karys Kapri (12) W

19:36.38S	T # 2	Mixed 1500 Free			HARS		4	---	CR
34.08	1:12.60	1:52.60	2:32.41	3:11.31	3:50.84	4:30.38	5:10.22		
(34.08)	(38.52)	(40.00)	(39.81)	(38.90)	(39.53)	(39.54)	(39.84)		
5:49.15	6:28.22	7:08.13	7:47.09	8:26.92	9:06.69	9:46.40	10:25.51		
(38.93)	(39.07)	(39.91)	(38.96)	(39.83)	(39.77)	(39.71)	(39.11)		
11:05.02	11:44.63	12:23.95	13:03.90	13:43.45	14:23.44	15:04.06	15:43.32		
(39.51)	(39.61)	(39.32)	(39.95)	(39.55)	(39.99)	(40.62)	(39.26)		
16:23.41	17:03.85	17:44.12	18:24.58	19:00.88	19:36.38				
(40.09)	(40.44)	(40.27)	(40.46)	(36.30)	(35.50)				

Isabella Kingham (11) W

12:47.41S	T # 1	Mixed 800 Free			HARS		20	---
42.30	1:29.77	2:18.65	3:07.65	3:56.47	4:44.96	5:33.50	6:22.09	
(42.30)	(47.47)	(48.88)	(49.00)	(48.82)	(48.49)	(48.54)	(48.59)	
7:11.45	8:02.10	8:51.58	9:41.61	10:31.44	11:19.49	12:04.18	12:47.41	
(49.36)	(50.65)	(49.48)	(50.03)	(49.83)	(48.05)	(44.69)	(43.23)	

Cristina Kirby (12) W

10:18.58S	T # 1	Mixed 800 Free			HARS		2	-65.64	CR
33.23	1:10.57	1:49.94	2:29.03	3:08.65	3:48.84	4:28.05	5:08.49		
(33.23)	(37.34)	(39.37)	(39.09)	(39.62)	(40.19)	(39.21)	(40.44)		
5:48.54	6:27.98	7:07.51	7:46.44	8:26.14	9:05.27	9:44.29	10:18.58		
(40.05)	(39.44)	(39.53)	(38.93)	(39.70)	(39.13)	(39.02)	(34.29)		

Sabrina Mackie (13) W

26:10.19S	T # 2	Mixed 1500 Free			HARS		12	---
45.40	1:36.70	2:28.64	3:21.44	4:13.41	5:05.89	5:58.85	6:51.98	
(45.40)	(51.30)	(51.94)	(52.80)	(51.97)	(52.48)	(52.96)	(53.13)	
7:43.39	8:36.70	9:30.11	10:23.37	11:16.46	12:09.54	13:02.62	13:55.67	
(51.41)	(53.31)	(53.41)	(53.26)	(53.09)	(53.08)	(53.08)	(53.05)	
14:48.44	15:41.85	16:35.27	17:28.57	18:21.79	19:15.71	20:09.41	21:02.31	
(52.77)	(53.41)	(53.42)	(53.30)	(53.22)	(53.92)	(53.70)	(52.90)	
21:56.01	22:48.39	23:41.03	24:32.70	25:23.80	26:10.19			

(53.70) (52.38) (52.64) (51.67) (51.10) (46.39)

Freya Mannering-Smith (11) W

13:09.60S T # 1 Mixed 800 Free HARS 24 ---
44.25 1:34.61 2:24.34 3:13.48 4:04.49 4:53.81 5:43.62 6:32.87
(44.25) (50.36) (49.73) (49.14) (51.01) (49.32) (49.81) (49.25)
7:23.64 8:13.36 9:04.41 9:54.63 10:45.63 11:35.71 12:25.76 13:09.60
(50.77) (49.72) (51.05) (50.22) (51.00) (50.08) (50.05) (43.84)

Henry Manning (11) M

11:40.68S T # 1 Mixed 800 Free HARS 13 ---
38.96 1:23.43 2:08.65 2:53.55 3:38.96 4:23.49 5:08.68 5:53.23
(38.96) (44.47) (45.22) (44.90) (45.41) (44.53) (45.19) (44.55)
6:39.43 7:23.07 8:07.67 8:53.25 9:37.84 10:21.80 11:03.71 11:40.68
(46.20) (43.64) (44.60) (45.58) (44.59) (43.96) (41.91) (36.97)

Jane Manning (15) W

11:56.09S T # 1 Mixed 800 Free HARS 15 -44.44
37.96 1:21.23 2:05.87 2:50.96 3:35.74 4:20.74 5:06.33 5:52.13
(37.96) (43.27) (44.64) (45.09) (44.78) (45.00) (45.59) (45.80)
6:37.59 7:23.29 8:09.85 8:56.10 9:42.85 10:28.87 11:13.28 11:56.09
(45.46) (45.70) (46.56) (46.25) (46.75) (46.02) (44.41) (42.81)

Jay Meeks (12) M

11:20.42S T # 1 Mixed 800 Free HARS 11 ---
36.48 1:20.00 2:01.22 2:43.29 3:28.16 4:10.09 4:52.46 5:35.17
(36.48) (43.52) (41.22) (42.07) (44.87) (41.93) (42.37) (42.71)
6:18.22 7:01.71 7:46.68 8:29.65 9:13.66 9:57.11 10:40.54 11:20.42
(43.05) (43.49) (44.97) (42.97) (44.01) (43.45) (43.43) (39.88)

Isobel Neighbour (13) W

10:08.39S T # 1 Mixed 800 Free HARS 1 -65.74 CR
34.01 1:11.24 1:49.06 2:26.73 3:05.33 3:43.88 4:23.07 5:01.89
(34.01) (37.23) (37.82) (37.67) (38.60) (38.55) (39.19) (38.82)
5:40.07 6:19.65 6:57.70 7:36.15 8:14.95 8:53.37 9:31.94 10:08.39
(38.18) (39.58) (38.05) (38.45) (38.80) (38.42) (38.57) (36.45)

William Nelson (13) M

19:33.74S T # 2 Mixed 1500 Free HARS 3 -172.14
35.62 1:15.46 1:54.99 2:35.08 3:15.02 3:54.58 4:34.11 5:13.53
(35.62) (39.84) (39.53) (40.09) (39.94) (39.56) (39.53) (39.42)
5:53.78 6:32.92 7:12.17 7:52.26 8:31.63 9:11.02 9:50.66 10:29.92
(40.25) (39.14) (39.25) (40.09) (39.37) (39.39) (39.64) (39.26)
11:09.88 11:48.78 12:28.74 13:08.86 13:47.92 14:27.04 15:06.04 15:44.98
(39.96) (38.90) (39.96) (40.12) (39.06) (39.12) (39.00) (38.94)
16:23.64 17:02.77 17:40.90 18:19.90 18:58.99 19:33.74
(38.66) (39.13) (38.13) (39.00) (39.09) (34.75)

Nathaniel Ollington (11) M

28:37.98S T # 2 Mixed 1500 Free HARS 13 ---
45.60 1:37.55 2:31.24 3:26.37 4:21.18 5:17.66 6:14.25 7:10.57
(45.60) (51.95) (53.69) (55.13) (54.81) (56.48) (56.59) (56.32)
8:08.31 9:05.37 10:03.63 11:02.57 12:00.79 13:00.76 14:00.36 15:00.21
(57.74) (57.06) (58.26) (58.94) (58.22) (59.97) (59.60) (59.85)
16:01.07 17:02.19 18:02.20 19:02.92 20:03.19 21:01.74 22:00.78 22:58.96
(1:00.86) (1:01.12) (1:00.01) (1:00.72) (1:00.27) (58.55) (59.04) (58.18)
23:58.12 24:55.34 25:53.57 26:53.00 27:47.92 28:37.98
(59.16) (57.22) (58.23) (59.43) (54.92) (50.06)

Luke O'Mara (12) M

20:35.59S T # 2 Mixed 1500 Free HARS 6 ---
35.14 1:14.41 1:55.09 2:36.51 3:17.25 3:57.77 4:38.47 5:19.54
(35.14) (39.27) (40.68) (41.42) (40.74) (40.52) (40.70) (41.07)
6:01.37 6:43.14 7:24.62 8:07.13 8:48.82 9:31.53 10:13.94 10:54.25
(41.83) (41.77) (41.48) (42.51) (41.69) (42.71) (42.41) (40.31)

11:35.14	12:17.29	12:59.31	13:40.37	14:21.19	15:03.82	15:46.31	16:28.67
(40.89)	(42.15)	(42.02)	(41.06)	(40.82)	(42.63)	(42.49)	(42.36)
17:09.95	17:51.66	18:34.35	19:17.86	19:55.81	20:35.59		
(41.28)	(41.71)	(42.69)	(43.51)	(37.95)	(39.78)		

Joseph Payne (13) M

10:48.93S	T # 1	Mixed 800 Free			HARS		7	---
35.20		1:13.93	1:53.84	2:34.68	3:15.57	3:57.56	4:39.20	5:21.07
(35.20)		(38.73)	(39.91)	(40.84)	(40.89)	(41.99)	(41.64)	(41.87)
6:02.79		6:44.71	7:26.12	8:08.66	8:50.45	9:32.17	10:12.60	10:48.93
(41.72)		(41.92)	(41.41)	(42.54)	(41.79)	(41.72)	(40.43)	(36.33)

Imogen Perkins (14) W

11:09.79S	T # 1	Mixed 800 Free			HARS		9	-48.72
36.94		1:17.66	1:59.14	2:41.73	3:24.22	4:06.80	4:49.56	5:32.70
(36.94)		(40.72)	(41.48)	(42.59)	(42.49)	(42.58)	(42.76)	(43.14)
6:14.77		6:57.57	7:40.28	8:22.82	9:05.48	9:47.68	10:29.21	11:09.79
(42.07)		(42.80)	(42.71)	(42.54)	(42.66)	(42.20)	(41.53)	(40.58)

Zoe Sadler (45) W

14:18.91S	T # 1	Mixed 800 Free			HARS		26	---
45.54		1:36.43	2:28.81	3:21.76	4:15.49	5:09.92	6:04.61	6:58.66
(45.54)		(50.89)	(52.38)	(52.95)	(53.73)	(54.43)	(54.69)	(54.05)
7:53.99		8:49.55	9:45.06	10:40.57	11:35.18	12:30.44	13:25.33	14:18.91
(55.33)		(55.56)	(55.51)	(55.51)	(54.61)	(55.26)	(54.89)	(53.58)

Oliver Sanderson (11) M

12:43.95S	T # 1	Mixed 800 Free			HARS		19	---
41.36		1:28.46	2:16.98	3:05.93	3:53.93	4:42.26	5:31.74	6:20.65
(41.36)		(47.10)	(48.52)	(48.95)	(48.00)	(48.33)	(49.48)	(48.91)
7:08.80		7:56.86	8:44.77	9:34.36	10:23.67	11:12.76	11:59.33	12:43.95
(48.15)		(48.06)	(47.91)	(49.59)	(49.31)	(49.09)	(46.57)	(44.62)

Imogen Scutter (14) W

11:23.48S	T # 1	Mixed 800 Free			HARS		12	-39.57
35.98		1:16.35	1:58.87	2:41.89	3:25.96	4:09.32	4:52.76	5:36.47
(35.98)		(40.37)	(42.52)	(43.02)	(44.07)	(43.36)	(43.44)	(43.71)
6:21.46		7:06.09	7:50.45	8:33.96	9:17.02	10:01.73	10:44.70	11:23.48
(44.99)		(44.63)	(44.36)	(43.51)	(43.06)	(44.71)	(42.97)	(38.78)

Morgan Sheppard (13) M

11:01.71S	T # 1	Mixed 800 Free			HARS		8	---
35.37		1:16.24	1:57.70	2:40.35	3:22.47	4:04.48	4:47.16	5:29.60
(35.37)		(40.87)	(41.46)	(42.65)	(42.12)	(42.01)	(42.68)	(42.44)
6:12.34		6:53.95	7:36.39	8:18.39	9:00.27	9:41.32	10:21.55	11:01.71
(42.74)		(41.61)	(42.44)	(42.00)	(41.88)	(41.05)	(40.23)	(40.16)

Matthew Sivers (13) M

12:47.54S	T # 1	Mixed 800 Free			HARS		21	---
41.96		1:28.61	2:17.61	3:06.65	3:55.61	4:45.30	5:32.96	6:22.05
(41.96)		(46.65)	(49.00)	(49.04)	(48.96)	(49.69)	(47.66)	(49.09)
7:11.02		8:00.85	8:50.98	9:40.98	10:30.48	11:18.69	12:04.81	12:47.54
(48.97)		(49.83)	(50.13)	(50.00)	(49.50)	(48.21)	(46.12)	(42.73)

Nina Skingley (16) W

19:28.06S	T # 2	Mixed 1500 Free			HARS		2	---	CR
34.39		1:12.91	1:52.44	2:32.26	3:11.56	3:50.35	4:29.94	5:09.26	
(34.39)		(38.52)	(39.53)	(39.82)	(39.30)	(38.79)	(39.59)	(39.32)	
5:48.82		6:27.92	7:07.07	7:45.99	8:25.89	9:06.26	9:45.44	10:23.76	
(39.56)		(39.10)	(39.15)	(38.92)	(39.90)	(40.37)	(39.18)	(38.32)	
11:02.59		11:42.51	12:22.02	13:00.74	13:40.06	14:19.81	14:58.48	15:37.28	
(38.83)		(39.92)	(39.51)	(38.72)	(39.32)	(39.75)	(38.67)	(38.80)	
16:17.01		16:56.32	17:34.75	18:14.35	18:51.97	19:28.06			
(39.73)		(39.31)	(38.43)	(39.60)	(37.62)	(36.09)			

Samuel Staff (11) M

24:17.01S	T # 2	Mixed 1500 Free				HARS		10	---
40.51	1:28.78	2:16.68	3:06.05	3:56.62	4:46.22	5:35.76	6:26.01		
(40.51)	(48.27)	(47.90)	(49.37)	(50.57)	(49.60)	(49.54)	(50.25)		
7:12.61	8:01.73	8:52.24	9:41.28	10:30.03	11:19.52	12:08.35	12:57.68		
(46.60)	(49.12)	(50.51)	(49.04)	(48.75)	(49.49)	(48.83)	(49.33)		
13:47.60	14:35.14	15:24.16	16:14.07	17:03.17	17:52.11	18:41.14	19:29.85		
(49.92)	(47.54)	(49.02)	(49.91)	(49.10)	(48.94)	(49.03)	(48.71)		
20:21.05	21:08.36	21:57.16	22:46.55	23:32.72	24:17.01				
(51.20)	(47.31)	(48.80)	(49.39)	(46.17)	(44.29)				

Tobias Staff (11) M

15:12.98S	T # 1	Mixed 800 Free				HARS		27	---
46.04	1:40.68	2:38.52	3:36.86	4:35.59	5:34.76	6:33.67	7:30.85		
(46.04)	(54.64)	(57.84)	(58.34)	(58.73)	(59.17)	(58.91)	(57.18)		
8:30.33	9:28.83	10:28.92	11:29.49	12:29.64	13:26.51	14:19.78	15:12.98		
(59.48)	(58.50)	(1:00.09)	(1:00.57)	(1:00.15)	(56.87)	(53.27)	(53.20)		

Alasdair Stevenson (12) M

25:24.38S	T # 2	Mixed 1500 Free				HARS		11	---
43.49	1:32.15	2:21.72	3:14.76	4:06.57	4:56.97	5:48.76	6:42.01		
(43.49)	(48.66)	(49.57)	(53.04)	(51.81)	(50.40)	(51.79)	(53.25)		
7:33.48	8:23.87	9:16.21	10:06.64	10:59.97	11:51.83	12:41.74	13:34.77		
(51.47)	(50.39)	(52.34)	(50.43)	(53.33)	(51.86)	(49.91)	(53.03)		
14:25.20	15:15.93	16:06.85	16:58.58	17:49.79	18:42.46	19:34.18	20:27.14		
(50.43)	(50.73)	(50.92)	(51.73)	(51.21)	(52.67)	(51.72)	(52.96)		
21:16.11	22:05.65	22:54.71	23:47.00	24:39.31	25:24.38				
(48.97)	(49.54)	(49.06)	(52.29)	(52.31)	(45.07)				

Jack Stuart (12) M

12:55.96S	T # 1	Mixed 800 Free				HARS		23	---
43.73	1:31.27	2:21.04	3:11.30	4:00.41	4:50.51	5:40.09	6:30.33		
(43.73)	(47.54)	(49.77)	(50.26)	(49.11)	(50.10)	(49.58)	(50.24)		
7:19.09	8:08.86	8:58.35	9:46.97	10:36.12	11:25.36	12:13.95	12:55.96		
(48.76)	(49.77)	(49.49)	(48.62)	(49.15)	(49.24)	(48.59)	(42.01)		

Zachary Vanstone (11) M

21:47.18S	T # 2	Mixed 1500 Free				HARS		8	---	CR
36.79	1:20.54	2:03.66	2:47.68	3:30.96	4:14.71	4:58.07	5:41.50			
(36.79)	(43.75)	(43.12)	(44.02)	(43.28)	(43.75)	(43.36)	(43.43)			
6:25.48	7:08.73	7:52.98	8:38.12	9:21.37	10:05.56	10:49.58	11:33.77			
(43.98)	(43.25)	(44.25)	(45.14)	(43.25)	(44.19)	(44.02)	(44.19)			
12:19.43	13:03.98	13:48.69	14:32.48	15:16.31	15:59.70	16:43.55	17:28.45			
(45.66)	(44.55)	(44.71)	(43.79)	(43.83)	(43.39)	(43.85)	(44.90)			
18:11.66	18:56.55	19:40.35	20:23.63	21:06.82	21:47.18					
(43.21)	(44.89)	(43.80)	(43.28)	(43.19)	(40.36)					

Max Walton (12) M

19:27.88S	T # 2	Mixed 1500 Free				HARS		1	-140.19	CR
35.50	1:14.54	1:53.87	2:33.37	3:12.95	3:52.45	4:31.83	5:11.25			
(35.50)	(39.04)	(39.33)	(39.50)	(39.58)	(39.50)	(39.38)	(39.42)			
5:50.38	6:29.55	7:08.78	7:48.45	8:27.65	9:06.84	9:46.23	10:25.66			
(39.13)	(39.17)	(39.23)	(39.67)	(39.20)	(39.19)	(39.39)	(39.43)			
11:04.87	11:44.21	12:23.40	13:02.38	13:41.43	14:20.78	14:59.81	15:38.73			
(39.21)	(39.34)	(39.19)	(38.98)	(39.05)	(39.35)	(39.03)	(38.92)			
16:17.78	16:56.58	17:35.28	18:14.15	18:52.15	19:27.88					
(39.05)	(38.80)	(38.70)	(38.87)	(38.00)	(35.73)					

Tamsin Wheeler (11) W

11:19.22S	T # 1	Mixed 800 Free				HARS		10	---
36.80	1:17.88	2:00.24	2:43.27	3:25.99	4:09.95	4:53.59	5:37.19		
(36.80)	(41.08)	(42.36)	(43.03)	(42.72)	(43.96)	(43.64)	(43.60)		
6:21.16	7:04.45	7:47.99	8:32.00	9:15.39	9:58.98	10:41.22	11:19.22		
(43.97)	(43.29)	(43.54)	(44.01)	(43.39)	(43.59)	(42.24)	(38.00)		

Bethan White (15) W

10:47.46S	T # 1	Mixed 800 Free						HARS	6	-58.96
	34.57	1:12.58	1:52.87	2:33.05	3:13.94	3:55.79	4:37.47	5:18.73		
	(34.57)	(38.01)	(40.29)	(40.18)	(40.89)	(41.85)	(41.68)	(41.26)		
	6:00.67	6:41.63	7:23.63	8:04.16	8:46.77	9:28.96	10:09.68	10:47.46		
	(41.94)	(40.96)	(42.00)	(40.53)	(42.61)	(42.19)	(40.72)	(37.78)		

Layla White (12) W

19:58.10S	T # 2	Mixed 1500 Free						HARS	5	---
	35.40	1:15.10	1:55.48	2:35.43	3:15.00	3:54.63	4:34.61	5:13.97		
	(35.40)	(39.70)	(40.38)	(39.95)	(39.57)	(39.63)	(39.98)	(39.36)		
	5:53.48	6:32.92	7:12.13	7:52.04	8:31.68	9:11.36	9:51.25	10:31.32		
	(39.51)	(39.44)	(39.21)	(39.91)	(39.64)	(39.68)	(39.89)	(40.07)		
	11:12.03	11:52.29	12:32.65	13:13.17	13:53.25	14:34.06	15:15.12	15:55.65		
	(40.71)	(40.26)	(40.36)	(40.52)	(40.08)	(40.81)	(41.06)	(40.53)		
	16:36.32	17:17.52	17:57.83	18:39.02	19:19.22	19:58.10				
	(40.67)	(41.20)	(40.31)	(41.19)	(40.20)	(38.88)				

NOTES:

Negative improvement indicates a new SHORT course PB and the size of the improvement

CR- Indicates a new SHORT course club record for the age of the swimmer on the day of the meet