

HART SWIMMING CLUB

Promoter's Conditions

JOHN BENNETT & FLEET SCHOOLS TROPHIES

50m Handicap Competition

License Level 4 (No. 4SE____)
(Under ASA Laws & Technical Rules)

Hart Leisure Centre, Hitches Lane, Fleet, Hampshire

Sunday 19th September 2010

Warm up 6.30 pm for 7.00 pm Start

Closing date for entries Thursday, 19th August 2010

1. Entry is open to any registered member of Hart Swimming Club who must also be registered members of the ASA.
2. Ages will be as at the 19th September 2010.
3. The competition will be run under ASA Laws & Technical Rules.
4. **Cost per event is £2.50, cheques only please, payable to Hart SC, and must accompany all entries.** Entry forms for this competition can be downloaded from the club website www.hartsc.org/. Any incomplete entry forms will not be processed. You may either post your entries to Linda Charlesworth, 85 Nether Vell-Mead, Church Crookham, Fleet, Hants GU52 0ZG or you may email your entries (**on the entry form provided on the club website**) to lindacharlesworth@hotmail.com. In both cases, entries and payment must be received by **Thursday 19th August 2010**. No late entries will be accepted.
5. The pool length is 25m, 6 lanes with anti-turbulence lane ropes. The pool depth at the shallow end is 0.9m and 1.8m at the deep end. All events will start at the deep end of the pool.
6. The competition has been licensed at Level 4 by the ASA (License No. 4SE____)
7. The competition will comprise 50m Backstroke, 50m Breaststroke, 50m Butterfly and 50m Freestyle. There will be no finals, all events will be HDW (heat declared winners).
8. The competition will be run with handicaps as follows, which will be added to the combined total time of all four 50m swims:

<u>Age</u>	<u>Girls / Ladies Handicap</u>	<u>Boys / Gents Handicap</u>
9/U yrs	0 seconds	0 seconds
10 yrs	15 seconds	15 seconds
11 yrs	27 seconds	27 seconds
12 yrs	37 seconds	37 seconds
13 yrs	44 seconds	47 seconds
14 yrs	49 seconds	53 seconds
15 yrs	50 seconds	61 seconds
16 yrs	55 seconds	68 seconds
16+ yrs	55 seconds	68 seconds

9. Following the addition of the handicaps, the John Bennett Trophy will be presented to the fastest male swimmer and The Fleet Schools Rose Bowl will be presented to the fastest female swimmer. Medals will be awarded for 1st, 2nd and 3rd places overall and rosettes will be presented to 4th, 5th and 6th places overall.
10. **In order to compete for the Trophies, all swimmers must compete in all 4 strokes. Swimmers may however choose not to enter all 4 strokes but will NOT be eligible for the trophies.**
11. Competition results will be sent to the ASA Rankings Department within 5 working days of the completion of the competition.
12. This competition will run without entry cards. **Swimmers must sign in by 6.00 pm.** Swimmers failing to sign in by 6.00 pm may, at the discretion of the promoter, be permitted to swim only IF space permits.
13. Warm-up will commence at 6.30 pm for a 7.00 pm start. Coaches will supervise the warm-up. There shall be NO diving during warm-up.
14. Hart Swimming Club adheres to the ASA Child Protection Policy Recommendations – Any person wishing to engage in any type of photography – Video, Zoom, Close Range Photography, or using a mobile phone camera should register their details with staff at the spectator entry desk before carrying out such photography. All coaches and officials shall comply with the ASA Child Protection Policy.
15. The promoter reserves the right to refuse admission to any person. Any situation not covered by the above conditions will be handled at the discretion of the promoter, who also reserves the right to make any changes that may be considered necessary for the safety and smooth running of the competition.