

## HCASA Qualifying Times 2010 - updated 04 Jan 2010

Times have been introduced for age 9 for the first time; the times for age 10 represent a progression and are faster than last year

Times for ages 10, 11 and 12 are in general faster than last year

Times for freestyle are in general faster than last year

Times for backstroke and breaststroke are broadly unchanged

Times for butterfly are in general slightly slower than last year to encourage more entries

Open swimmers have the same time as 17/18 to encourage more entries

BOYS		9	10	11	12	13	14	15	16	17/18	OPEN
50m	Freestyle	39.80	37.10	35.20	33.20	31.50	29.90	28.70	28.40	27.90	27.90
100m	Freestyle				1.11.40	1.07.40	1.04.10	1.02.00	1.01.30	1.00.20	1.00.20
200m	Freestyle	3.08.60	2.54.60	2.44.60	2.35.30	2.26.70	2.19.60	02:14.8	2.13.30	2.11.20	2.11.20
400m	Freestyle	6.39.50	6.10.20	5.46.50	5.27.90	5.11.00	4.57.10	4.46.00	4.42.20	4.36.80	4.36.80
800m	Freestyle			*	11.23.60	10.45.80	10.18.00	9.56.90	9.51.30	9.40.30	9.40.30
1500m	Freestyle			*	21.28.10	20.22.70	19.30.40	18.52.00	18.40.70	18.22.00	18.22.00
50m	Breaststroke	52.30	48.70	45.80	43.00	40.10	38.10	36.40	35.70	35.10	35.10
100m	Breaststroke				1.32.10	1.26.00	1.21.60	1.18.10	1.17.10	1.15.50	1.15.50
200m	Breaststroke	4.00.40	3.46.90	3.31.10	3.18.90	3.06.30	2.56.30	2.49.20	2.47.80	2.43.80	2.43.80
50m	Butterfly	45.20	41.70	39.00	37.00	34.80	33.00	31.40	31.00	30.20	30.20
100m	Butterfly				1.21.40	1.15.90	1.11.70	1.08.40	1.07.70	1.06.00	1.06.00
200m	Butterfly	3.52.50	3.28.70	3.10.80	2.59.70	2.48.80	2.39.40	2.31.10	2.29.00	2.24.60	2.24.60
50m	Backstroke	46.10	42.90	40.50	38.50	36.00	34.40	32.80	32.00	31.60	31.60
100m	Backstroke				1.21.10	1.16.10	1.12.00	1.09.00	1.07.90	1.06.40	1.06.40
200m	Backstroke	3.28.70	3.15.90	3.03.60	2.53.50	2.43.30	2.34.70	2.28.50	2.26.60	2.24.10	2.24.10
200m	Ind Medley	3.39.20	3.22.20	3.08.80	2.58.30	2.48.50	2.39.30	2.33.00	2.31.10	2.28.10	2.28.10
400m	Ind Medley	7.31.40	7.14.30	06:40.3	6.16.50	5.56.10	5.37.20	5.23.50	5.19.70	5.13.50	5.13.50
100m	Ind Medley	1.42.60	1.35.10	1.29.90	1.25.00	1.19.90	1.15.30	1.12.30	1.10.70	1.09.40	1.09.40
GIRLS		9	10	11	12	13	14	15	16	17/18	OPEN
50m	Freestyle	40.20	37.60	35.70	34.00	32.70	31.90	31.30	31.40	31.20	31.20
100m	Freestyle			1.16.90	1.12.60	1.10.10	1.08.20	1.07.10	1.07.10	1.07.00	1.07.00
200m	Freestyle	3.10.80	2.55.80	2.45.40	2.36.30	2.30.40	2.26.70	2.23.90	2.24.70	2.23.30	2.23.30
400m	Freestyle	6.46.90	6.15.20	5.46.10	5.27.20	5.15.40	5.07.90	5.01.90	5.01.90	5.00.60	5.00.60
800m	Freestyle		*	11.51.50	11.13.30	10.43.90	10.28.00	10.19.30	10.19.30	10.19.30	10.19.30
1500m	Freestyle		*	22.52.90	21.39.10	20.42.40	20.26.70	20.00.10	20.00.10	19.57.80	19.57.80
50m	Breaststroke	53.30	49.10	46.00	43.40	41.50	40.30	39.40	39.40	39.20	39.20
100m	Breaststroke			1.38.50	1.32.90	1.28.50	1.25.30	1.24.00	1.24.80	1.23.60	1.23.60
200m	Breaststroke	4.03.20	3.47.60	3.31.20	3.19.20	3.09.80	3.04.00	3.01.00	3.01.00	3.01.00	3.01.00
50m	Butterfly	45.70	41.80	39.50	37.40	35.90	34.80	34.00	34.00	34.00	34.00
100m	Butterfly			1.27.10	1.21.50	1.18.30	1.15.60	1.14.50	1.14.50	1.13.70	1.13.70
200m	Butterfly	3.56.30	3.31.80	3.12.70	2.59.90	2.51.80	2.46.00	2.42.40	2.41.90	2.40.10	2.40.10
50m	Backstroke	46.60	43.10	40.70	38.70	37.20	36.10	35.50	35.40	35.20	35.20
100m	Backstroke			1.26.50	1.21.40	1.18.00	1.16.00	1.14.30	1.14.30	1.14.10	1.14.10
200m	Backstroke	3.31.50	3.18.20	3.02.90	2.53.30	2.46.90	2.42.60	2.38.80	2.38.80	2.37.30	2.37.30
200m	Individual	3.41.30	3.22.90	3.09.20	02:58.6	02:52.0	02:47.0	02:44.1	2.44.10	2.42.80	2.42.80
400m	Individual	7.32.10	7.14.40	6.38.70	6.15.60	6.00.10	5.50.40	5.44.20	5.44.20	5.42.20	5.42.20
100m	Individual	1.44.20	1.33.90	1.30.20	1.25.50	1.21.80	1.19.80	1.18.40	1.18.00	1.17.60	1.17.60