

M	SUN	MON	TUES	WED	THU	FRI	SAT
<b>AUG</b>	29	30	31	1	2	3	4
<b>S E P</b>	NO sessions	BH					
	5	6	7	8	9	10	11 <del>Junior Cup Rd 1</del>
	12	13	14	15	16	17	18 SER SC Masters ESSA DIVISION 12
	19 Club Champs John B & F Schools	20	21	22	23	24	25
	26	27	28	29	30	1	2
<b>O C T</b>	3	4	5	6	7	8	9 NSLS Rd. 1 - Reading
	10	11	12	13	14	15	16 RR Open Meet <del>Junior Cup Final rd.</del>
	17	18	19	20	21	22	23 ASA MASTERS NATIONALS ESSA Finals
	Inter County						
	24 ASA MASTERS NATIONALS	25	26	27	28	29	30 RR Open Meet
<b>N O V</b>	31	1	2	3	4 400 free champs 19.30-21.30	5	6
	RR Open Meet						
	7 Winter Champs	8	9	10	11	12	13 NSLS - Rd.2 - Woking
	14 Winter Champs HSSA - Relays Masters Inter County	15	16	17	18	19	20
	21 Winter Champs	22	23	24	25	26	27 GCSC Open Meet
	28	29	30	1	2	3	4
<b>D E C</b>	GCSC Open Meet						OPEN MEETS
	5 OPEN MEETS	6	7	8	9	10	11 NSLS - Rd.3
	12 Club Champs 400Im & 100 Im	13	14	15	16	17	18 GCSC Open Meet
	19 Christmas Gala Training 20.30-21.30	20	21	22	23	24	25
	26	27	28	29	30	31	1
<b>M</b>	<b>SUN</b>	<b>MON</b>	<b>TUES</b>	<b>WED</b>	<b>THU</b>	<b>FRI</b>	<b>SAT</b>