

SOUTH EAST REGION AGE GROUP QUALIFYING TIMES 2010

BOYS	10	11	12	13	14
100 Freestyle	use 200 QT	use 200 QT	1.06.60	1.03.10	1.00.20
200 Freestyle	2.44.50	2.34.00	2.25.60	2.17.90	2.11.90
400 Freestyle	5.47.80	5.24.90	5.06.50	4.52.20	4.37.00
800 Freestyle		11.10.00	10.40.00	10.05.00	9.37.00
1500 Freestyle		20.50.00	20.10.00	19.05.00	18.09.00
100 Breaststroke	use 200QT	use 200QT	1.27.60	1.21.90	1.17.40
200 Breaststroke	3.35.00	3.20.20	3.08.30	2.57.00	2.47.00
100 Butterfly	use 200QT	use 200QT	1.16.50	1.12.20	1.08.00
200 Butterfly	3.20.00	2.59.10	2.48.50	2.38.20	2.30.70
100 Backstroke	use 200QT	use 200QT	1.16.30	1.12.60	1.8.20
200 Backstroke	3.04.00	2.51.50	2.42.30	2.33.70	2.26.10
200 IM	3.08.60	2.55.80	2.45.80	2.37.80	2.29.10
400 IM	6.48.00	6.13.80	5.51.20	5.34.10	5.17.40

GIRLS	10	11	12	13
100 Freestyle	use 200QT	1.12.00	1.07.80	1.05.50
200 Freestyle	2.45.60	2.35.60	2.26.80	2.21.50
400 Freestyle	5.53.00	5.24.70	5.07.10	4.57.60
800 Freestyle		11.15.00	10.33.50	10.12.10
1500 Freestyle		20.50.00	20.25.60	19.37.00
100 Breaststroke	use 200QT	1.33.20	1.27.50	1.23.70
200 Breaststroke	3.33.60	3.18.70	3.07.60	3.00.00
100 Butterfly	use 200QT	1.21.80	1.16.90	1.13.70
200 Butterfly	3.17.60	3.00.50	2.48.40	2.41.60
100 Backstroke	use 200QT	1.20.90	1.15.80	1.13.80
200 Backstroke	3.05.10	2.51.80	2.42.10	2.37.90
200 IM	3.07.90	2.55.50	2.46.10	2.41.10
400 IM	6.48.00	6.12.50	5.51.10	5.38.40

SOUTH EAST REGION AGE YOUTH & SENIOR QUALIFYING TIMES 2010

Boys/Men	15	16	17+
50 Freestyle	27.00	26.4	26.00
100 Freestyle	58.30	56.9	56.2
200 Freestyle	02:06.7	02:03.7	02:02.4
400 Freestyle	04:28.7	04:22.9	04:19.2
800 Freestyle	9.06.6	8.59.6	8.59.6
1500 Freestyle	17.16.3	17.04.7	17.04.1
50 Breast	34.5	33.5	33.1
100 Breaststroke	1.14.0	1.12.1	1.11.0
200 Breaststroke	2.40.6	2.37.1	2.34.1
50 Butterfly	29.7	29.1	28.5
100 Butterfly	1.04.6	1.03.3	1.02.0
200 Butterfly	2.22.6	2.20.0	2.16.4
50 Backstroke	30.8	29.8	29.6
100 Backstroke	1.05.1	1.03.6	1.02.5
200 Backstroke	2.20.2	2.17.3	2.15.7
200 IM	02:23.5	2.20.2	2.18.2
400 IM	5.03.8	4.57.8	4.53.6

**TIMES FOR BOTH
SETS OF AGE
GROUPS
ONLY COUNT IF
ACHIEVED AFTER
01ST OCTOBER
2009
AND AT MEETS
L1, L2 & L3**

Girls/Ladies	14	15	16+
50 Freestyle	29.8	29.3	29.00
100 Freestyle	1.03.7	1.02.8	1.02.5
200 Freestyle	2.18.1	2.15.9	2.14.6
400 Freestyle	4.48.3	4.43.8	4.42.1
800 Freestyle	9.51.5	9.44.8	9.40.3
1500 Freestyle	19.06.0	18.44.7	18.30.4
50 Breaststroke	37.9	37.2	36.9
100 Breaststroke	1.20.3	1.19.3	1.18.9
200 Breaststroke	2.53.4	2.51.2	2.50.0
50 Butterfly	32.7	32	31.7
100 Butterfly	1.10.9	1.10.1	1.09.5
200 Butterfly	2.34.9	2.31.9	2.30.9
50 Backstroke	33.8	33.4	33
100 Backstroke	1.11.2	1.10.9	1.09.4
200 Backstroke	2.32.4	2.29.5	2.27.8
200 IM	2.35.8	2.33.5	2.32.3
400 IM	5.26.8	5.22.1	5.17.8